

Midwest Committee of the Cecchetti Council of America hosts



# Cecchetti Ballet Workshop

February 25 and 26, 2012

Saturday, February 25, 2012 -- Syllabus classes for Intermediate VI and Diploma

Sunday, February 26, 2012 -- Classes for Grades I-IV, Elementary V - Diploma

at Lake Forest Dance Academy

400 Hastings Rd., Lake Forest IL 60045

Check out the  
Midwest Committee website:  
[www.cecchettimidwest.org](http://www.cecchettimidwest.org)

Cecchetti Ballet Workshop  
c/o Linda Schubert  
3901 Carousel Drive  
Northbrook, IL 60062

## Audition For Scholarship

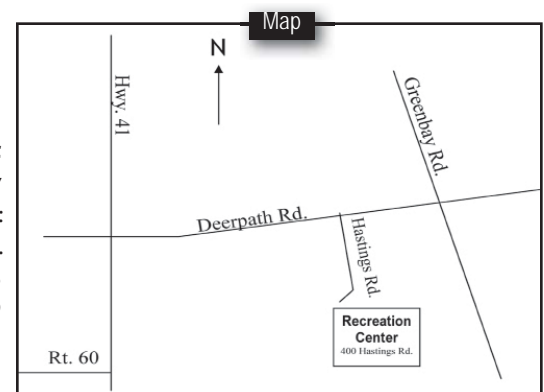
Students 12 years of age and younger can audition for workshop scholarships and students ages 13 years of age and older (by 7/10/12) can audition for full or partial summer ballet scholarships to attend the International Summer School Course at Hope College, Holland, Michigan. All dancers auditioning must have passed the Cecchetti Grade I exam. An additional audition fee of \$15 - can be included with the workshop registration fee or paid separately. A \$20 late audition application fee will be incurred the day of the workshop.



## New Cecchetti Wear will be on sale at the workshop!

Dancers, please remember that proper dance attire should be worn, and hair secured in a bun.

**Lake Forest Dance Academy**  
is located at:  
400 Hastings Rd.  
Lake Forest, IL 60045  
847.810.3949



# SCHEDULE BY STUDIO

SATURDAY, February 25, 2012

2:00 - 4:00 Intermediate VI Studio A
4:00 - 6:00 Diploma Syllabus Studio A

Cecchetti Wear & Totes will be on sale at the workshop.

SUNDAY, February 26, 2012

STUDIO A	STUDIO B	STUDIO C	STUDIO D	STUDIO E	Gymnasium
9:00-10:30 Grade II (A) Syllabus	9:00-10:15 Modern III (C)	9:00-10:30 Grade IV Syllabus	9:00-10:30 Elementary V Syllabus Barre/Adagio	9:00-10:30 Grade II (B) Syllabus	9:00-10:15 Yoga Grade I's
10:30-11:45 Grade I (A) Syllabus	10:30-12:00 Grade III Syllabus (C)	10:30-11:45 Modern III (D)	10:30-12:30 Advanced VII	10:30-11:45 Grade I (B) Syllabus	10:30-11:45 Yoga Grade II's & IV's
12:00-1:30 Audition (Ages 11 & under)	12:00-1:15 Modern IV & up	Not Available	12:30-1:15 Elementary V Intermediate VI Pointe	12:00-1:30 Grade III Syllabus (D)	Not Available
1:30-3:00 Audition (Ages 12 & up)	1:30-2:30 Modern I's (A)	Not Available	1:30-2:45 Yoga Grade III's	1:30-2:30 Modern I's (B)	Not Available
3:00-4:15 Modern II (A) & (B)	3:00 - 4:15 Elementary V Syllabus Allegro/ Men's	Not Available	3:00-4:15 Yoga Grade III's	2:30-4:30 Diploma	Not Available
4:30-5:30 Advanced		Not Available			Not Available

**For more individualized attention, Grades I, II & III will be divided into 2 groups. Groups (A) - ages 11 & under, Groups (B) ages 12 & up. Grade III's will be divided into two groups (C) & (D).**

## OUR TALENTED GUEST FACULTY:

**Bethany Lenhart, DFCCA** (Syllabus) is a Fellow of the CCA, holding the Advanced Certification. She serves as the current Liaison Coordinator and has held the offices of President, Vice-President, Corresponding Secretary, and General Board Chairman. She received the Sylvia Hamer/Margaret Marsh Scholarship and attended the Cecchetti Teacher's Course in England. She has choreographed for several regional dance companies in the USA and Canada and was associated with the former Flint Ballet Theatre. Bethany has received the Children's Champion Award and is listed in the International Who's Who of Professionals. She is currently a permanent examiner as well as the Liaison Officer for both the Midwest and St. Louis Committees of CCA.

**Laura McCarthy, DFCCA**, (Syllabus) is an Examiner of the Cecchetti Council of America. She is the Recording Secretary on the Executive Board of the Cecchetti Council of America, and Assistant to the Scholarship Chair. Laura trained and danced at Boston Ballet under E. Virginia Williams and received her teacher training in the Cecchetti Method with Marjorie Randazzo and Nancy Giles. Other significant influences in her training have been Arlene Ashton, Margaret Craske, and Anthony Randazzo as well as many years at the Cecchetti International Teacher Seminars. Laura holds her Teacher's Diploma Certification and in 2007, received the prestigious Sylvia Hamer Scholarship award to study ballet abroad. Laura has also taught at Teacher refresher courses, Ballet seminars, and the Cecchetti International Summer School programs.

**Allen Desterhaft, DFCCA**, (Syllabus) holds a BFA in dance from The Ohio State University. He has danced professionally with Chi-Town Jazz Dance Chicago, and Winifred Haun and Dancers. He has also performed as a guest artist with Dance for Life, Dance Theater North, Schaumburg Dance Ensemble, Evanston Dance Ensemble, Barrington Youth Dance Ensemble, and The Chicago Festival Ballet. He was also a guest choreographer and performer for the Joffrey Ballet in the production of "Salute to Vienna". Allen is a Fellow of the Cecchetti Council of America, and holds The Enrico Cecchetti Diploma Certification. He is currently a faculty member of the Dance Center of Columbia College Chicago where he teaches ballet to BA and BFA candidates

**Karla Harris** (Syllabus), is the former Owner/Director of Northbrook Dance Centre and Artistic Director of Ballet Theatre North, a regional ballet performing company. She danced in NYC with the Radio City Rockettes after graduating with a BA in foreign language from Milliken University. She holds her Advanced Teacher's Certification with the Cecchetti Council of America (CCA) and is a Permanent Examiner. Karla is Liaison Officer to the Colorado Committee and Registrar of the Midwest Committee of CCA. She is also teaching ballet, pointe and Cecchetti syllabus work to students and teachers in the Chicago area.

**Keesha Beckford** (Modern) began her dance studies in New York, then went on to graduate cum laude from Princeton University with an A.B. in American history and a certificate in dance. Her senior project in dance was awarded the Louis Sudler prize for the Arts. She has performed with the New York based companies Steeledge and Amy Marshall Dance Company. In New York she also performed works by distinguished choreographers such as Milton Myers and Lorn Macdougall. Ms. Beckford's performances have been seen in Europe with the German tour of the rock musical Tabaluga and Lilli. She has been a faculty member at Dance Center Evanston and a Pilates instructor at From the Center Chicago. Currently she is an adjunct faculty member at The Dance Center of Columbia College Chicago, and stages frequent living room dance parties with her two young children.

**Jenna Jozefowski** (Yoga) graduated from The University of Akron with a BA in Dance and a minor in Business Administration. A member of the Midwest Committee of the Cecchetti Council of America, she currently holds a Grade III Teacher's Certificate. Professionally, she has performed as a company member of Joel Hall Dancers II, RASA Dance Chicago, and as a guest artist with Chicago Dance Crash. She is currently working as an independent performance artist and choreographer, performing and presenting her work in Rebound Dance Festival, Dance Chicago, and Chicago Freelance Dance. She completed Power Yoga Teacher Training through CorePower Yoga in October 2011, and specializes in Vinyasa flow yoga. She has completed trainings in Yoga Sculpt (yoga for strength training), and Hot Power Fusion (Vinyasa with Bikram influences), as well as workshops for arm balances and inversions, and meditation with master teacher Darren Main. She practices and teaches both yoga and dance all over Chicago and the surrounding suburbs.

# SCHEDULE BY LEVEL

GRADE I (Will be divided into two groups A & B)		Loc.
9:00 - 10:15	Yoga	Gym
10:30 - 11:45	Grade I Syllabus	A or E
12:00 - 1:30	Audition (11 yrs & under) or Lunch Break	A
1:30 - 2:30	Modern I	B or E
GRADE II (Will be divided into two groups A & B)		
9:00 - 10:30	Grade II Syllabus	A or E
10:30 - 11:45	Yoga	Gym
12:00 - 1:30	Audition (11 yrs & under) or Lunch Break	A
1:30 - 3:00	Audition (12 yrs & up)	A
3:00 - 4:15	Modern II	A
GRADE III (Will be divided into two groups C & D)		
9:00 - 10:15	Modern III (C)	B
10:30 - 12:00	Grade III Syllabus (C)	B
10:30 - 11:45	Modern III (D)	C
12:00 - 1:30	Grade III Syllabus (D)	E
12:00 - 1:30	Audition (11 yrs & under) or Lunch Break	A
1:30 - 3:00	Audition (12 yrs & up) or	A
1:30 - 2:45	Yoga (III's & up) or	D
3:00 - 4:15	Yoga (III's & up)	D
GRADE IV		
9:00 - 10:30	Grade IV Syllabus	D
10:30 - 11:45	Yoga	Gym
12:00 - 1:15	Modern IV & up	B
1:30 - 3:00	Audition (12 yrs & up)	A
GRADE V ELEMENTARY		
9:00 - 10:30	Elementary V Syllabus (Barre/ Adagio)	D
10:30 - 11:45	Yoga or Coffee Break	Gym
12:00 - 1:15	Modern IV's & up or	D
12:30 - 1:15	Elementary V / Intermediate VI Pointe	D
1:30 - 3:00	Audition (12 yrs & up) or	A
1:30 - 2:15	Yoga	D
3:00 - 4:15	Elementary V Syllabus (Allegro/ Mens)	B
GRADE VI INTERMEDIATE VI / ADVANCED VII & DIPLOMA		
<b>Saturday, Feb. 25th</b>		
2:00 - 4:00	Intermediate VI Syllabus	A
4:00 - 6:00	Diploma	A
<b>Sunday, Feb. 26th</b>		
10:30 - 12:30	Advanced VII Syllabus (Barre/ Adagio/Allegro)	D
12:30 - 1:15	Pointe	D
1:30 - 3:00	Audition (12 yrs & up) or	A
1:30 - 2:15	Yoga	D
2:30 - 4:30	Diploma	E
4:30 - 5:30	Advanced VII Syllabus (Allegro / Mens)	A

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